# Synthesis of 4,16-dimethoxy-1,2-dimethyl[2.4]metacyclophan-1-ene and 8,17-dimethoxy-1.2-dimethyl-10-thia[2.3.4](1,3,5)cyclophan-1-ene 

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McMurry cyclisation of 1,4-bis(3-acetyl-4-methoxyphenyl)butane afforded flexible 4,16-dimethoxy-1,2-dimethyl[2.4] metacyclophan-1-ene, which was converted to the corresponding triple bridged 8,17-dimethoxy-1,2-dimethyl-10-thia[2.3.4](1,3,5)cyclophan-1-ene. The conformational studies of these cyclophan-1-enes in solution are also described.

Keywords: cyclophanes, [2.4]metacyclophan-1-ene, McMurry reaction, conformation, strained molecules, triple bridged cyclophane

Although the parent [2.2]metacyclophane (MCP = metacyclophane) was first reported as early as in 1899 by Pellegrin, ${ }^{1}$ the synthesis of syn-[2.2]MCP was not realised until 85 year later. Mitchell et al. ${ }^{2}$ have successfully prepared syn-[2.2]MCP at low temperature by using (arene)chromiumcarbonyl complexation to control the stereochemistry. Later, Itô and coworkers ${ }^{3}$ have also isolated and characterised syn-[2.2]MCP without complexation. However, syn-[2.2]MCP isomerises readily to the anti-isomer above $0^{\circ} \mathrm{C}$. On the other hand, Boekelheide ${ }^{4}$ and Staab $^{5}$ succeeded in synthesising intra-annularly substituted syn-[2.2]MCPs, respectively. However, reports on synthesis and reactions of $s y n-[2 . n] \mathrm{MCP}$ have not been published so far. On the other hand, Boekelheide et al. reported the synthesis of triple bridged $\left[2_{3}\right](1,3,5)$ cyclophanes as a key compound to synthesise the superphane. ${ }^{6,7}$ Bodwell et al. also reported the synthesis of $[2.2 . n](1,3,5)$ cyclophane-1,9-dienes to afford $1, n$-dioxa $n](2,7)$ pyrenophanes. ${ }^{8}$ These cyclophanes adopt rigid syn-conformation with overlaying aromatic rings. Thus there is substantial interest to synthesise the flexible [2.n] MCP-1-enes and conversion to triple bridged [2.3.n] (1,3,5)-thiacyclophane-1-enes or [2.2.n] (1,3,5)cyclophane-1,9-dienes, which can adopt the syn-conformation and the flexibility arising from the ring inversion can be completely restricted.

Recently, we have reported the preparation of 1,2-dimethyl [2.3]MCP-1-enes ${ }^{9-11}$ by using the reductive coupling of carbonyl compounds by low-valent titanium, the McMurry reaction ${ }^{12-15}$ as a key step. While in $[2.3] \mathrm{MCP}-1$-enes the aromatic rings preferentially appear to adopt the syn-arrangement, its hgher homologue, i.e. $[2 . n] \mathrm{MCP}-1$-enes, can be expected to adopt the mobile anti- or syn-conformation. We now report on the synthesis of $[2.4] \mathrm{MCP}-1$-ene using the low-valent titanium
induced McMurry reaction and conversion to syn-10-thia [2.3.4] (1,3,5)cyclophan-1-ene. The conformational studies of these cyclophane-1-enes in solution are also described.

## Results and discussion

1,4-Bis(4-methoxyphenyl)butane $\mathbf{1}$ has been prepared according our previous papers. ${ }^{9,10}$ Thus the cross coupling reaction ${ }^{16,17}$ of 4-methoxyphenylmagnesium bromide with 1,4-dibromobutane has been carried out in the presence of cuprous bromide as a catalyst in a mixture of hexamethylphosphoric triamide (HMPA) and tetrahydrofuran at reflux temperature to give the desired 1,4-bis(4-methoxyphenyl)butane $\mathbf{1}$ in $80 \%$ yield. $\mathrm{AlCl}_{3}-\mathrm{MeNO}_{2}$-catalysed acetylation of compound $\mathbf{1}$ with acetic anhydride or acetyl chloride at $20^{\circ} \mathrm{C}$ led to regioselective acylation at the meta positions of the 1,4-diphenylbutane affording the desired 1,4-bis(3-acetyl-4-methoxyphenyl)butane 2 in $71 \%$ yield. 1,4-Bis(3-acetyl-4-methoxyphenyl)butane 2 was subjected to reductive coupling by the McMurry reaction following the improved Grïtzmacher's procedure ${ }^{13}$ (Scheme 1). Thus, the reductive coupling reaction of $\mathbf{2}$ carried out using $\mathrm{TiCl}_{4}-\mathrm{Zn}$ in refluxing THF under the high dilution conditions afforded the desired compound 4,16-dimethoxy-1,2-dimethyl of [2.4]MCP-1-ene $\mathbf{3}$ in $23 \%$ yield along with an intractable mixture of products. This result was different result from that of the similar McMurry cyclisation of 1,4-bis(5-acetyl-2-methoxyphenyl)butane in the absence of pyridine, which afforded the corresponding [4.1]MCP by the $\mathrm{TiCl}_{4}$ or acids induced pinacol rearrangements. ${ }^{11}$ Surprisingly, when the present cyclisation reaction was carried out in the presence of pyridine, the yield of $\mathbf{3}$ increased to $69 \%$.


Fig. 1 Possible conformations of [2.n]MCP-enes and conversion to the triple bridged cyclophanes.

[^0]

Scheme 1

The structure of $\mathbf{3}$ was elucidated based on their elemental analysis and spectral data. Especially, the mass spectral data for $\mathbf{3}\left(\mathrm{M}^{+}=322\right)$ strongly supports the cyclic structure. [2.n] MCP-1-enes adopt either a "stair-case" anti conformation or a syn conformation with overlaying aromatic rings ${ }^{18,19}$ (Fig. 1). Depending on the size of the bridges ${ }^{20}$ and on the presence of intraannular substituents, ${ }^{18,19}$ the interconversion between the syn and anti conformers occur by ring flipping. ${ }^{1} \mathrm{H}$ NMR spectrum of 3 showed the doublet of the intra-annular proton $\mathrm{H}_{\mathrm{i}}$ at $\delta=6.90(J=2.4 \mathrm{~Hz})$ apart from at $\delta=6.41$ and 6.59 ppm of the other two protons at the aromatic rings. The conformation of $\mathbf{3}$ was readily apparent from its ${ }^{1} \mathrm{H}$ NMR spectrum. Thus, the internal aromatic proton of anti-conformation should show an upfield shift due to the ring current of the opposite benzene ring. ${ }^{19,21,22}$ The ${ }^{1} \mathrm{H}$ NMR spectrum of the [2.4]MCP-1-ene $\mathbf{3}$ prepared here shows that its structure corresponds exclusively to the syn-conformer. In addition, the protons of the butane bridge give rise to two multiplets centred at $\delta=1.55$ and 2.36 ppm , respectively, providing a fast syn-syn interconversion of the two syn conformations of $\mathbf{3}$ by ring flipping which would exchange $\mathrm{H}_{\mathrm{A}}$ and $\mathrm{H}_{\mathrm{B}}$ of each $\mathrm{CH}_{2}$ group. However, as the temperature of the solution in $\mathrm{CDCl}_{3} / \mathrm{CS}_{2}(1: 3)$ is decreased, a single peak of the benzyl protons splits into two multiplets at $\delta 2.2$ and 2.5 ppm below $0^{\circ} \mathrm{C}$ (Fig. 2). The energy barrier to the conformational ring flipping estimated from the coalescence temperature $\left(T_{c}=0^{\circ} \mathrm{C}\right)$ is 13.0 kcal $\mathrm{mol}^{-1}$. Interestingly, similar findings were also observed in the corresponding anti-6,14-dimethoxy-1,2-dimethyl[2.4]MCP-1ene $4\left(T_{c}=-30^{\circ} \mathrm{C}, \Delta G^{\neq}=10.7 \mathrm{kcal} \mathrm{mol}^{-1}\right)^{11,23}$ in spite of being expected to be similar flexible structure attributable to the same cyclophane ring size. These observations suggest that the introduction of a double bond of the ethylene bridge as well as the substituents such as methyl groups and methoxy groups might control the syn- and anti-conformation of the present [2.4]MCP-1-ene 3.

The formylation of $\mathbf{3}$ with dichloromethyl methyl ether in the presence of $\mathrm{TiCl}_{4}$ afforded the desired 5,15-diformyl [2.4]MCP-1-ene $\mathbf{5}$ as a colourless prisms in $66 \%$ yield. Several attempted reductive coupling reaction of $\mathbf{5}$ carried out using $\mathrm{TiCl}_{4}-\mathrm{Zn}$ in the presence of pyridine in refluxing THF under the high dilution conditions failed. No formation of the desired 8,16-dimethoxy-1,2-dimethyl[2.2.4](1,3,5)cyclophan1,9 -diene 6 was observed under the conditions used. Only an intractable mixture of products was obtained.

Therefore, we have attempted to prepare 10 -thia[2.3.4](1,3,5) cyclophan-1-ene 9 as shown in Scheme 3. Thus, 5,15-bis


Fig. 2 Dynamic ${ }^{1} \mathrm{H}$ NMR spectrum of 3 at $300 \mathrm{MHz}\left(\mathrm{CDCl}_{3} / \mathrm{CS}_{2}\right.$; 1:3).
(bromomethyl)-4,16-dimethoxy-1,2-dimethyl[2.4] MCP-1ene $\mathbf{8}$ has been prepared in $64 \%$ yield by reduction of $\mathbf{5}$ with sodium borohydride in ethanol reflux followed by bromination of bis(hydroxymethyl) derivative 7 with $\mathrm{PBr}_{3}$ in dioxane at room temperature for 2 h . The cyclisation of $\mathbf{8}$ has been carried out under the conditions of high dilution and in ethanolic $\mathrm{Na}_{2} \mathrm{~S} /$ $\mathrm{Al}_{2} \mathrm{O}_{3}{ }^{24}$ to afford the corresponding 8,17-dimethoxy-1,2-dimethyl-10-thia[2.3.4](1,3,5)cyclophan-1-ene 9 in $28 \%$ yield.
The structure of 9 was elucidated based on its elemental analysis and spectral data. The mass spectral data for $9\left(\mathrm{M}^{+}=\right.$ 380) strongly supports the cyclic structure. The 300 MHz ${ }^{1} \mathrm{H}$ NMR spectrum of 9 in $\mathrm{CDCl}_{3}$ showed a doublet of the two protons of the aromatic rings at $\delta 6.66$ and $7.18 \mathrm{ppm}(J=$ $2.1 \mathrm{~Hz})$. These observations strongly suggest that its structure corresponds exclusively to the syn-conformation. The


5
Scheme 2



8


Scheme 3
intra-annular proton $\mathrm{H}_{\mathrm{i}}$ was observed at the slightly lower field ( $\delta 7.18 \mathrm{ppm}$ ) than that of the corresponding syn-4,16-dimethoxy-1,2-dimethyl[2.4]MCP-1-ene 3 ( $\delta 6.99 \mathrm{ppm}$ ) due to being in a deshielding region of the bridged double bond. The protons of the tetra-methylene bridge gave rise to a complicated signal pattern as expected for a rigid [2.4.3] $(1,3,5)$ cyclophan-1-ene 9. The protons of the benzylic $\mathrm{CH}_{2}$ group were observed as two multiplets centred at $\delta 3.46$ and 4.13 $\mathrm{ppm} J=13.2 \mathrm{~Hz}$ which were further split by coupling with the protons of the central $\mathrm{CH}_{2}$ group. This central $\mathrm{CH}_{2}$ group was also observed as two multiuplets centred at $\delta 1.56$ and 2.50 ppm . The peak pattern ascribed to eight chemically distinct protons of the butano bridge proved the absence of a syn-syn interconversion which would exchange $\mathrm{H}_{\mathrm{A}}$ and $\mathrm{H}_{\mathrm{B}}$ of each $\mathrm{CH}_{2}$ group. These findings suggest the rigid structure of [2.3.4] ( $1,3,5$ ) cyclophan-1-ene 9 at this temperature. In fact, the signals of the benzyl protons of $\mathbf{9}$ do not coalescence below $150^{\circ} \mathrm{C}$ in $\mathrm{CDBr}_{3}$, and the energy barrier of flipping is above $25 \mathrm{kcal} \mathrm{mol}^{-1}$. This result suggests that the introduction of one extra $\mathrm{CH}_{2} \mathrm{SCH}_{2}$ bridge into the flexible [2.4]MCP-1-ene $\mathbf{3}$ can completely inhibit the flexibility arising from the ring inversion.

## Conclusions

We have demonstrated a convenient preparation of flexible syn-4,16-dimethoxy-1,2-dimethyl[2.4]MCP-1-ene $\mathbf{3}$ by McMurry
reaction of 1,4-bis(3-acetyl-4-methoxy-phenyl)butane $\mathbf{2}$. The conversion of $\mathbf{3}$ to the corresponding triple bridged 8,17-dimethoxy-1,2-dimethyl-10-thia[2.3.4](1,3,5)cyclophan-1ene 9 , which adopts rigid syn-conformation. Further studies on the chemical properties of 8,17-dimethoxy-1,2-dimethyl-10-thia[2.3.4](1,3,5)cyclophan-1-ene 9 and conversion to the corresponding [2.2.4](1,3,5)cyclophan-1,9-diene $\mathbf{6}$ are now in progress.

## Experimental

All melting points are uncorrected. ${ }^{1} \mathrm{H}$ NMR spectra were recorded at 300 MHz on a Nippon Denshi JEOL FT-300 NMR spectrometer in deuteriochloroform with $\mathrm{Me}_{4} \mathrm{Si}$ as an internal reference. IR spectra were measured as KBr pellets on a Nippon Denshi JIR-AQ2OM spectrometer. Mass spectra were obtained on a Nippon Denshi JMS-HX110A ultrahigh performance mass spectrometer at 75 eV using a direct-inlet system. Elemental analyses were performed by Yanaco MT-5.

Preparation of 1,4-bis(4-methoxyphenyl)butane $\mathbf{1}$ has been previously described. ${ }^{9}$
1,4-Bis(3-acetyl-4-methoxyphenyl)butane (2): To a solution of 1,3-bis(4-methoxyphenyl)butane $\mathbf{1}(3.84 \mathrm{~g}, 15 \mathrm{mmol})$ and acetyl chloride ( $3.15 \mathrm{~mL}, 45 \mathrm{mmol}$ ) in methylene dichloride $(60 \mathrm{~mL})$ was added a solution of aluminum chloride ( $8.91 \mathrm{~g}, 67.5 \mathrm{mmol}$ ) in nitromethane $(15 \mathrm{~mL})$ at $0^{\circ} \mathrm{C}$. After the reaction mixture had been stirred at room temperature for 3 h , it was poured into ice-water ( 100 mL ). The organic layer was extracted with $\mathrm{CH}_{2} \mathrm{Cl}_{2}(50 \mathrm{~mL} \times 2)$. The extract was
washed with water $(50 \mathrm{~mL} \times 2)$, dried $\left(\mathrm{Na}_{2} \mathrm{SO}_{4}\right)$, and concentrated. The residue was chromatographed over silica gel (Wako $\mathrm{C}-300,300 \mathrm{~g}$ ) with $\mathrm{CHCl}_{3}$ as eluent to give crude $\mathbf{2 b}$ as a colourless solid. Recrystallisation from hexane:benzene (1:1) gave 1,4-bis (3-acetyl-4-methoxyphenyl)butane (2) (4.42 g, 71\%) as colourless prisms [from hexane:benzene (1:1)]; m.p. $74-76^{\circ} \mathrm{C} ; \mathrm{v}_{\max }(\mathrm{KBr}) / \mathrm{cm}^{-1}$ $1669(\mathrm{C}=\mathrm{O}) ; \delta_{\mathrm{H}}\left(\mathrm{CDCl}_{3}\right) 1.60\left(4 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right), 2.57\left(4 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right), 2.60$ $(6 \mathrm{H}, \mathrm{s}, \mathrm{Me}), 3.88(6 \mathrm{H}, \mathrm{s}, \mathrm{OMe}), 6.87(2 \mathrm{H}, \mathrm{d}, J=8.3, \mathrm{ArH}), 7.25(2 \mathrm{H}$, dd, $J=8.3,2.4, \mathrm{ArH})$, and $7.52(2 \mathrm{H}, \mathrm{d}, J=2.4, \mathrm{ArH}) ; m / z 354\left(\mathrm{M}^{+}\right)$ (Found: C, 74.26; H, 7.18. $\mathrm{C}_{22} \mathrm{H}_{26} \mathrm{O}_{4}$ (354.5) requires $\mathrm{C}, 74.55$; H, 7.39\%).

McMurry coupling reaction of 2: The McMurry reagent was prepared from $\mathrm{TiCl}_{4}[23.8 \mathrm{~g}(13.8 \mathrm{~mL}), 125 \mathrm{mmol}]$ and $18 \mathrm{~g}(275 \mathrm{mmol})$ of Zn powder in 500 mL of dry THF, under nitrogen. A solution of $2(3.06 \mathrm{~g}, 9 \mathrm{mmol})$ and pyridine $(22.5 \mathrm{~mL}, 200 \mathrm{mmol})$ in dry THF $(250 \mathrm{~mL})$ was added within 60 h from two Hershberg funnels to the black mixture of the McMurry reagent by using a high-dilution technique ${ }^{25-28}$ with continuous refluxing and stirring. The reaction mixture was refluxed for additional 8 h , cooled to room temperature, and hydrated with aqueous $10 \% \mathrm{~K}_{2} \mathrm{CO}_{3}(200 \mathrm{~mL})$ at $0^{\circ} \mathrm{C}$. The reaction mixture was extracted with $\mathrm{CH}_{2} \mathrm{Cl}_{2}(200 \mathrm{~mL} \times 3)$. The combined extracts were washed with water, dried with $\mathrm{Na}_{2} \mathrm{SO}_{4}$ and concentrated. The residue was chromatographed over silica gel (Wako C-300, 300 g ) with benzene as eluents to give crude $\mathbf{3}$ as a colourless solid. Recrystallisation from hexane gave syn-4,16-dimethoxy-1,2-dimethyl [2.4]metacyclophan-1-ene (syn-3) ( $2.0 \mathrm{~g}, 69 \%$ ) as colourless prisms (from hexane); m.p. $160-161^{\circ} \mathrm{C} ; v_{\max }\left(\mathrm{KBr}^{2} / \mathrm{cm}^{-1} 2923,1493,1442\right.$, $1252,1226,1032,805$ and $797 ; \delta_{\mathrm{H}}\left(\mathrm{CDCl}_{3}\right)\left(27^{\circ} \mathrm{C}\right) \delta: 1.55(4 \mathrm{H}$, broad s, $\left.C H_{2}\right), 2.14(6 \mathrm{H}, \mathrm{s}, \mathrm{Me}), 2.36\left(4 \mathrm{H}\right.$, broad s, $\left.\mathrm{CH}_{2}\right), 3.63(6 \mathrm{H}, \mathrm{s}, \mathrm{OMe})$, $6.41(2 \mathrm{H}, \mathrm{d}, J=8.3, \mathrm{Ar} H), 6.59(2 \mathrm{H}, \mathrm{dd}, J=2.4,8.3, \mathrm{ArH})$, and 6.90 $(2 \mathrm{H}, \mathrm{d}, J=2.4, \mathrm{Ar} H) .\left(-40^{\circ} \mathrm{C}, \mathrm{CDCl}_{3} / \mathrm{CS}_{2} 1: 3\right) \delta: 1.1-1.4(2 \mathrm{H}$, broad $\left.\mathrm{s}, \mathrm{CH}_{2}\right), 1.72-1.92\left(2 \mathrm{H}\right.$, broad s, $\left.\mathrm{CH}_{2}\right), 2.17(6 \mathrm{H}, \mathrm{s}, \mathrm{Me}), 2.1-2.3$ $\left(2 \mathrm{H}\right.$, broad s, $\left.\mathrm{CH}_{2}\right), 2.4-2.6\left(2 \mathrm{H}\right.$, broad s, $\left.\mathrm{CH}_{2}\right), 3.67(6 \mathrm{H}, \mathrm{s}, \mathrm{OMe})$, $6.41(2 \mathrm{H}, \mathrm{d}, J=8.3, \mathrm{Ar} H), 6.64(2 \mathrm{H}, \mathrm{dd}, J=2.4,8.3, \mathrm{Ar} H)$, and 6.93 $(2 \mathrm{H}, \mathrm{d}, J=2.4, \mathrm{Ar} H) ; m / z 322\left(\mathrm{M}^{+}\right)$(Found: C, 82.07; H, 8.15. $\mathrm{C}_{22} \mathrm{H}_{26} \mathrm{O}_{2}$ (322.45) requires $\mathrm{C}, 81.95 ; \mathrm{H}, 8.13 \%$ ).

5,15-Diformyl-4,16-dimethoxy-1,2-dimethyl[2.4]metacyclophan-1-ene (5): $\mathrm{TiCl}_{4}(0.21 \mathrm{~mL}, 27.3 \mathrm{mmol})$ in $\mathrm{CH}_{2} \mathrm{Cl}_{2}(2 \mathrm{~mL})$ at $0{ }^{\circ} \mathrm{C}$ was added to a solution of $\mathbf{3}(100 \mathrm{mg}, 0.31 \mathrm{mmol})$ and $\mathrm{Cl}_{2} \mathrm{CHOCH}_{3}$ $(0.366 \mathrm{~mL}, 4.1 \mathrm{mmol})$ in $\mathrm{CH}_{2} \mathrm{Cl}_{2}(8 \mathrm{~mL})$. After the reaction mixture was stirred at room temperature for 1 h , it was poured into a large amount of ice-water $(5 \mathrm{~mL})$ and extracted with $\mathrm{CH}_{2} \mathrm{Cl}_{2}(10 \mathrm{~mL} \times 2)$. The combined extracts were washed with water, dried with $\mathrm{Na}_{2} \mathrm{SO}_{4}$ and concentrated. The residue was chromatographed over silica gel (Wako $\mathrm{C}-300,200 \mathrm{~g}$ ) with benzene as eluent to give $\mathbf{5}$ as a colourless solid. Recrystallisation from hexane gave $77 \mathrm{mg}(66 \%)$ of $\mathbf{5}$ as colourless prisms, m.p. $130-131^{\circ} \mathrm{C} ; v_{\max }(\mathrm{KBr}) / \mathrm{cm}^{-1} 1683(\mathrm{C}=\mathrm{O}) ; \delta_{\mathrm{H}}\left(\mathrm{CDCl}_{3}\right)$ $1.61\left(4 \mathrm{H}\right.$, broad s, $\left.\mathrm{CH}_{2}\right), 2.24(6 \mathrm{H}, \mathrm{s}, \mathrm{Me}), 2.47\left(4 \mathrm{H}\right.$, broad s, $\left.\mathrm{CH}_{2}\right)$, $3.86(6 \mathrm{H}, \mathrm{s}, \mathrm{OMe}), 7.20(2 \mathrm{H}, \mathrm{d}, J=2.2 \mathrm{~Hz}, \mathrm{Ar} H), 7.27(2 \mathrm{H}, \mathrm{d}, J=2.2$ $\mathrm{Hz}, \mathrm{ArH})$ and $9.86(2 \mathrm{H}, \mathrm{s}, \mathrm{CHO}) ; m / z 378\left(\mathrm{M}^{+}\right)$(Found C, 75.92; H, 6.93. $\mathrm{C}_{24} \mathrm{H}_{26} \mathrm{O}_{4}(378.47)$ requires $\left.\mathrm{C}, 76.17 ; \mathrm{H}, 6.92 \%\right)$.

Preparation of 5,15-bis(hydroxymethyl)-4,16-dimethoxy-1,2-dimethyl[2.4]metacyclo-phan-1-ene (7): Sodium borohydride $(250 \mathrm{mg}, 6.61 \mathrm{mmol})$ was added gradually to a solution of $5(250 \mathrm{mg}$, 0.66 mmol ) in methanol ( 15 mL ) under gently refluxing. After the reaction mixture was stirred under reflux for 24 h , it was poured into a large amount of ice-water ( 10 mL ) and extracted with $\mathrm{CH}_{2} \mathrm{Cl}_{2}$ $(10 \mathrm{~mL} \times 2)$. The combined extracts were washed with water, dried with $\mathrm{Na}_{2} \mathrm{SO}_{4}$ and concentrated to afford $7(240 \mathrm{mg})$ as a colourless solid. Recrystallisation from a mixture of hexane: $\mathrm{CH}_{2} \mathrm{Cl}_{2}$ (1:5) gave $166 \mathrm{mg}(66 \%)$ of 7 as colourless prisms, m.p. $139-140^{\circ} \mathrm{C}$; $v_{\max }(\mathrm{KBr}) /$ $\mathrm{cm}^{-1} 3335(\mathrm{OH}) ; \delta_{\mathrm{H}}\left(\mathrm{CDCl}_{3}\right) 1.56\left(4 \mathrm{H}\right.$, broad s, $\left.\mathrm{CH}_{2}\right), 2.21(6 \mathrm{H}, \mathrm{s}, \mathrm{Me})$, $2.36\left(4 \mathrm{H}\right.$, broad s, $\left.\mathrm{CH}_{2}\right), 2.62(2 \mathrm{H}, \mathrm{s}, \mathrm{OH}), 3.76(6 \mathrm{H}, \mathrm{s}, \mathrm{OMe}), 4.45$ $\left(4 \mathrm{H}, \mathrm{s}, \mathrm{CH}_{2}\right), 6.65(2 \mathrm{H}, \mathrm{d}, J=2.2 \mathrm{~Hz}, \mathrm{ArH})$ and $6.77(2 \mathrm{H}, \mathrm{d}, J=2.2$ $\mathrm{Hz}, \mathrm{Ar} H) ; m / z 382\left(\mathrm{M}^{+}\right)$(Found C, 75.32; H, 7.87. $\mathrm{C}_{24} \mathrm{H}_{30} \mathrm{O}_{4}$ (382.5) requires $\mathrm{C}, 75.36 ; \mathrm{H}, 7.91 \%$ ).

5,15-Bis(bromomethyl)-4,16-dimethoxy-1,2-dimethyl[2.4] metacyclo-phan-1-ene $(\mathbf{8})$ : A solution of $\mathrm{PBr}_{3}(0.1 \mathrm{~mL}, 1.06 \mathrm{mmol})$ in dioxane ( 2 mL ) was added to a solution of $7(50 \mathrm{mg}, 0.131 \mathrm{mmol})$ in 1,4-dioxane $(2 \mathrm{~mL})$ at $0^{\circ} \mathrm{C}$. After the reaction mixture was stirred at room temperature for 12 h , it was poured into aqueous $10 \% \mathrm{Na}_{2} \mathrm{~S}_{2} \mathrm{O}_{8}$. The mixture was stirred at room temperature for 15 min and extracted with $\mathrm{CH}_{2} \mathrm{Cl}_{2}(10 \mathrm{~mL} \times 2)$. The combined extracts were washed with water, dried with $\mathrm{Na}_{2} \mathrm{SO}_{4}$ and concentrated to afford $\mathbf{8}$ as a yellow solid. Recrystallisation from a mixture of hexane: $\mathrm{CH}_{2} \mathrm{Cl}_{2}(5: 1)$ gave $43 \mathrm{mg}(64 \%)$ of $\mathbf{8}$ as colourless prisms, m.p. $144-145^{\circ} \mathrm{C} ; \delta_{\mathrm{H}}\left(\mathrm{CDCl}_{3}\right)$
$1.47\left(4 \mathrm{H}\right.$, broad s, $\left.\mathrm{CH}_{2}\right), 2.21(6 \mathrm{H}, \mathrm{s}, \mathrm{Me}), 2.38\left(4 \mathrm{H}, \operatorname{broad} \mathrm{s}, \mathrm{CH}_{2}\right)$, $3.36(6 \mathrm{H}, \mathrm{s}, \mathrm{OMe}), 4.38\left(4 \mathrm{H}, \mathrm{s}, C_{2}\right), 6.71(2 \mathrm{H}, \mathrm{d}, J=2.1 \mathrm{~Hz}, \mathrm{ArH})$ and $6.86(2 \mathrm{H}, \mathrm{d}, J=2.1 \mathrm{~Hz}, \mathrm{ArH}) ; \mathrm{m} / \mathrm{z} 506,508,510\left(\mathrm{M}^{+}\right)$(Found C, 56.57; $\mathrm{H}, 5.67 . \mathrm{C}_{24} \mathrm{H}_{28} \mathrm{O}_{2} \mathrm{Br}_{2}$ (508.3) requires $\left.\mathrm{C}, 56.71 ; \mathrm{H}, 5.55 \%\right)$.

8,17-Dimethoxy-1,2-dimethyl-10-thia[2.3.4](1,3,5) cyclophan-1-ene (9): Lumpy reagent $\left(\mathrm{Na}_{2} \mathrm{~S}^{2} / \mathrm{Al}_{2} \mathrm{O}_{3}\right)(58.2 \mathrm{mg}, 0.394 \mathrm{mmol})$ was added to a solution of $\mathbf{8}(50 \mathrm{mg}, 0.0985 \mathrm{mmol})$ in ethanol $(10 \mathrm{~mL})$ at room temperature. After the reaction mixture was stirred at room temperature for 24 h , it was treated with celite by filtration. The filtrate was concentrated to afford a yellow solid. The residue was chromatographed over silica gel (Wako C-300, 100 g ) with benzene as eluent to give $9(42 \mathrm{mg})$ as a colourless solid. Recrystallisation from a mixture of hexane:AcOEt (5:1) gave $11 \mathrm{mg}(28 \%)$ of 9 as colourless prisms, m.p. $162-163^{\circ} \mathrm{C} ; \delta_{\mathrm{H}}\left(\mathrm{CDCl}_{3}\right) 1.56\left(4 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right), 2.23(6 \mathrm{H}$, $\mathrm{s}, \mathrm{Me}), 2.50\left(4 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right), 3.46\left(2 \mathrm{H}, \mathrm{d}, J=13.2 \mathrm{~Hz}, \mathrm{CH}_{2}\right), 3.81(6 \mathrm{H}$, $\mathrm{s}, \mathrm{OMe}), 4.13\left(2 \mathrm{H}, \mathrm{d}, J=13.2 \mathrm{~Hz}, C H_{2}\right), 6.66(2 \mathrm{H}, \mathrm{d}, J=2.1 \mathrm{~Hz}, \mathrm{Ar} H)$ and $7.18(2 \mathrm{H}, \mathrm{d}, J=2.1 \mathrm{~Hz}, \mathrm{ArH}) ; m / z 380\left(\mathrm{M}^{+}\right)$(Found C, 75.32; $\mathrm{H}, 7.57 . \mathrm{C}_{24} \mathrm{H}_{28} \mathrm{O}_{2} \mathrm{~S}(380.55)$ requires $\left.\mathrm{C}, 75.75 ; \mathrm{H}, 7.42 \%\right)$.

## The estimation of the activation energy of the ring flipping

The rate constant $\left(k_{\mathrm{c}}\right)$ of the observed conformational interconversion at the coalescence ( $T_{\mathrm{c}}$ ) can be calculated by using Eqn (1). The free energy of activation $\left(\Delta G_{\mathrm{c}}{ }^{\neq}\right)$at coalescence can then be estimated by using Eyring equation [Eqn (2)]..$^{29,30}$

$$
\begin{align*}
& k_{\mathrm{c}}=\pi \Delta v / 2^{1 / 2}  \tag{1}\\
& \Delta G_{\mathrm{c}}^{\neq}=2.303 R T_{\mathrm{c}}\left(10.32+\log T_{\mathrm{c}}-\log k_{\mathrm{c}}\right) \tag{2}
\end{align*}
$$

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